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RHYATHLON

Der Rheintaler Triathlon

Sportanlage Riet Balgach
Baggersee Kriessern

21.08.2022

SWISS TRIATHLON

500 m Schwimmen · 23 km Rad · 6 km Laufen

Stafetten · Plausch
verschiedene Distanzen

#rhyathlon

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AK 20-34 Herren



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Gerüste. Schalungen.

Plauschstaffette



AK 45-54 Damen



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Staffette gross



AK 55++



HERZLICHEN DANK

an unsere Sponsoren, Partner, Gönner und Helfer,
denn ohne ihr Engagement wäre ein Event wie der
Rhyathlon nicht möglich.

Rhyathlon 21.08.2022

Schüler 10-13 weiblich

	Schwim	Rad	Lauf	
1 52 Bischofberger Aline (2010, Jenins)	02:31.0	13:54.1	05:54.6	22:19.8
2 48 Hautle Elina (2011, Diepoldsau)	02:25.5	14:15.3	06:20.9	23:01.7
3 42 Waldburger Myla (2011, Abtwil SG)	02:14.2	15:23.4	05:30.0	23:07.6
4 41 Waldburger Xenia (2009, Abtwil SG)	02:07.4	15:33.5	06:01.1	23:42.0
5 51 Schegg Janika (2010, Montlingen)	03:33.4	16:23.7	06:30.5	26:27.5
6 49 Wohlgensinger Florina (2010, Berneck)	02:49.1	13:39.8	10:27.5	26:56.4
7 45 Knobelspiess Katrin (2012, Berneck)	02:53.4	16:36.0	07:43.1	27:12.5
8 50 Schegg Timea (2012, Montlingen)	03:49.4	16:10.4	07:51.6	27:51.4

Schüler 10-13 männlich

	Schwim	Rad	Lauf	
1 53 Waldvogel Nino (2012, Berg SG)	02:56.7	16:58.6	06:19.8	26:15.1
2 43 Ballesteros Fernandez Aritz (2012, St Gallen)	03:11.3	16:48.0	06:50.9	26:50.2
3 46 Baumgartner Leandro (2011, Au)	04:15.6	15:49.6	08:00.5	28:05.8
4 44 Klingler Lian (2010, Ruggell)	03:08.7	14:24.0	12:41.9	30:14.5

Jugend 14-17 weiblich

	Schwim	Rad	Lauf	
1 5 Holzinger Svenja (2006, Appenzell)	03:29.9	11:49.6	08:30.8	23:50.2
2 7 Gruber Ilaria (2006, Silvaplana)	03:27.5	12:04.0	08:44.8	24:16.3
3 9 Keel Alena (2005, Rebstein)	04:43.6	12:56.1	08:56.6	26:36.3
4 6 Kleindienst Paula (2008, Lindenberg I. Allgäu)	04:31.7	13:51.8	09:01.7	27:25.2

Jugend 14-17 männlich

	Schwim	Rad	Lauf	
1 1 De Natale Marlon (2008, Flawil)	04:09.1	13:51.0	12:08.1	30:08.2

Plausch

	Schwim	Rad	Lauf	
3 Marugg Christian (1980, Rothenbrunnen)	04:03.0	11:21.9	08:15.9	23:40.7
11 Santarella Francesco (1987, Degersheim)	04:55.8	14:58.1	11:01.6	30:55.5
10 Tschanz Izabela (1980, Walzenhausen)	04:57.8	14:55.8	11:19.7	31:13.3

Junioren 18-19

	Schwim	Rad	Lauf1	Lauf2	Lauf3	
1 8 Azzarone Aurelio (2006, Widnau)	07:42.0	39:39.4	08:02.2	09:17.5	08:11.2	01:12:52.2

AK 20-34 weiblich

	Schwim	Rad	Lauf1	Lauf2	Lauf3	
1 136 Renhak Alva (2001, Zihlschlacht)	08:20.1	35:25.0	08:53.8	08:55.3	08:25.7	01:09:59.9
2 99 Grob Daria (1993, Balgach)	09:59.2	37:15.3	09:31.2	09:31.2	08:51.6	01:15:08.6
3 119 Schmidt Lea (1999, Appenzell)	07:34.9	39:53.4	10:11.2	10:34.4	10:34.8	01:18:48.6
4 110 Engler Katja (1994, Heerbrugg)	09:26.9	39:20.0	10:23.8	10:27.3	09:32.2	01:19:10.2
5 135 Schmutz Lea (2000, St. Gallen)	09:01.2	41:52.9	09:35.5	09:46.7	09:18.8	01:19:35.1
6 163 Meier Sina (2000, Uzwil)	10:50.0	39:43.7	10:17.8	10:05.1	09:40.1	01:20:36.7
7 203 Dünner Susanne (1992, Schaffhausen)	11:58.6	42:16.8	10:16.0	10:37.3	10:20.8	01:25:29.5
8 138 Augsburg Andrea (1994, Buchs)	10:50.7	44:34.3	10:18.6	10:44.4	10:07.2	01:26:35.4
9 106 Najbrtova Barbora (1990, Flond)	09:36.0	45:27.2	11:40.9	12:23.1	11:41.3	01:30:48.4
10 152 Placha Tereza (1999, Berneck)	08:47.6	46:16.3	11:41.3	12:40.8	12:41.9	01:32:07.9
11 206 Germann Milena (1988, St. Gallen)	11:36.5	45:37.1	11:08.5	12:05.8	12:23.2	01:32:51.0
12 92 Jones Jessica (1994, Winterthur)	13:04.2	55:35.3	10:07.3	10:19.7	09:47.5	01:38:53.9
13 156 Zuzana Agnesa Brezinova (1994, Geisingen)	14:58.2	55:15.0	13:20.1	13:42.6	12:47.7	01:50:03.6

AK 20-34 männlich

	Schwim	Rad	Lauf1	Lauf2	Lauf3	
1 174 Ziegler Michael (1998, Balgach)	06:16.5	33:21.8	06:46.7	06:51.0	06:24.6	59:40.7
2 188 Baumann Gian-Andri (1998, Heiden)	06:51.4	32:54.2	06:54.1	06:50.2	06:28.1	59:58.0
3 153 Parfuss Florin (2002, St. Gallen)	06:28.6	34:16.3	07:16.2	07:32.5	07:13.6	01:02:47.2
4 189 Koller Leon (1999, Buttikon)	08:23.9	32:48.0	07:05.6	07:28.2	07:19.9	01:03:05.5
5 158 Pölzgutter Christoph (2000, Waidhofen)	06:52.4	35:13.9	07:30.0	07:30.4	07:01.3	01:04:08.0
6 142 Pedrelli Luca (1990, Landquart)	08:36.3	34:11.7	07:30.0	07:31.2	07:14.0	01:05:03.2
7 166 Hartmann Carlo (1999, Fideris)	08:41.3	35:18.3	08:14.5	08:33.8	07:38.4	01:08:26.3
8 141 Ryser Fabian (1989, Walenstadt)	10:19.9	36:03.7	07:54.1	08:08.2	07:20.4	01:09:46.3
9 102 Schär Jerome (1988, Steinach)	10:27.0	36:15.9	08:08.6	08:10.9	07:50.7	01:10:53.0
10 94 Melsa Martin (1988, Buchs)	09:50.5	36:20.9	08:57.0	09:02.1	08:32.2	01:12:42.7
11 89 Baumgartner Sven (1991, Zürich)	10:47.4	36:55.5	08:44.4	08:38.8	07:52.1	01:12:58.2
12 126 Sieber Raphael (1995, Heerbrugg)	11:43.6	35:46.9	09:28.4	09:27.9	08:36.1	01:15:02.9

13	159	Künzler Jeremy (1996, Thal)	11:56.3	38:12.2	09:47.7	10:00.2	09:09.2	01:19:05.7
14	192	Steiner Patrick (1991, St. Gallen)	12:01.3	38:04.4	10:25.2	10:24.3	09:32.7	01:20:27.9
15	132	Dossena Fabrizio (1991, Mörschwil)	12:17.3	40:02.2	10:10.5	10:27.3	09:24.6	01:22:21.9
16	161	Eigen Paul (1995, Zürich)	08:06.7	45:36.5	09:32.9	09:59.4	09:09.4	01:22:24.9
17	185	Halbeisen Lukas (1996, Bronschhofen)	13:40.9	42:19.1	12:53.0	10:28.0	03:45.6	01:23:06.6
18	108	Eggenberger Chris (2000, Diepoldsau)	11:55.4	39:38.9	11:03.9	11:29.4	10:34.5	01:24:42.1
19	171	Dudli Fabio (1990, Widnau)	11:47.0	38:59.4	11:28.3	12:22.3	12:03.6	01:26:40.5
20	111	Masiero Patrick (1997, Diepoldsau)	12:44.1	43:11.8	11:14.7	11:19.7	11:08.5	01:29:38.7
21	190	Michell David (1994, Innsbruck)	11:25.1	47:18.6	10:18.8	11:11.1	10:22.2	01:30:35.7
22	186	Halbeisen Jonas (1994, Mels)	13:02.0	46:27.8	10:26.2	10:34.5	10:35.8	01:31:06.4
23	139	Casals Benjamin (1993, Buchs SG)	12:59.1	46:58.6	11:35.7	11:58.7	10:37.2	01:34:09.3
24	211	Schoch Niklaus (1995, Stachen)	13:03.8	40:18.4	16:00.2	14:54.0	12:52.7	01:37:09.0

AK 35-44 weiblich			Schwim	Rad	Lauf1	Lauf2	Lauf3	
1	199	Benz Sandrine (1984, Steinach)	07:35.7	36:16.4	08:18.9	08:21.9	08:03.2	01:08:36.1
2	183	Klingler Nicole (1980, Ruggell)	08:38.7	35:16.4	08:13.1	08:40.3	08:25.3	01:09:13.8
3	175	Neufert Denise (1982, Höchst)	11:08.3	37:35.8	08:16.7	08:20.9	08:03.0	01:13:24.7
4	84	Brandt Monika (1980, Chur)	10:26.1	38:23.3	08:43.2	08:46.8	08:20.6	01:14:39.9
5	129	Bichsel Fabienne (1980, Berneck)	11:34.4	35:31.8	08:45.8	10:22.0	09:20.1	01:15:34.1
6	162	Dobler Nadja (1984, Salez)	11:38.4	39:38.5	11:32.7	11:45.1	11:16.3	01:25:51.0
7	177	Förster Kathrin (1982, Tettngang)	11:32.5	40:11.3	11:20.9	11:48.6	11:26.3	01:26:19.5
8	80	Brassel Karin (1981, Marbach)	11:54.2	45:11.9	12:14.8	11:55.7	11:58.4	01:33:15.0

AK 35-44 männlich			Schwim	Rad	Lauf1	Lauf2	Lauf3	
1	172	Nüesch Mathias (1982, Widnau)	09:05.2	34:38.0	06:49.5	06:52.3	06:33.9	01:03:58.9
2	191	Hautle Michael (1979, Diepoldsau)	07:48.6	33:17.8	07:45.9	07:51.7	07:22.9	01:04:06.7
3	82	Gubler Philipp (1981, Fontnas)	08:11.3	33:50.4	07:35.2	07:38.0	06:55.2	01:04:10.1
4	198	Rusch Thomas (1982, Appenzell)	09:02.0	33:53.8	07:37.5	07:43.7	07:07.3	01:05:24.3
5	178	Blum Daniel (1983, Lauterach)	07:01.0	35:09.2	07:52.8	07:53.8	07:32.0	01:05:28.8
6	133	Frank Matthias (1983, Balgach)	09:26.2	36:03.8	08:01.0	08:09.0	07:28.9	01:09:08.9
7	98	Steiner Daniel (1987, Balgach)	08:45.9	35:04.5	08:35.4	08:46.1	08:18.2	01:09:30.2
8	154	Albertin Ismael (1981, St. Gallen)	10:30.0	36:51.9	07:39.9	07:44.2	07:27.3	01:10:13.2
9	86	Dütschler Mario (1983, Salez)	10:57.8	35:39.5	07:57.4	08:11.1	07:51.3	01:10:37.1
10	181	Friedrich Oliver (1986, Buchs)	09:51.8	35:35.1	08:43.2	08:56.7	08:10.5	01:11:17.4
11	180	Rutishauser Peter (1982, Altnau)	09:41.2	35:50.4	08:40.8	08:51.6	08:14.3	01:11:18.3
12	146	Clerici Lorenzo (1984, Altstätten)	11:44.4	35:52.3	08:13.9	08:31.3	07:48.0	01:12:09.9
13	205	Roffler Tobias (1979, Güttingen)	11:18.7	36:13.0	08:27.4	08:26.7	07:46.0	01:12:11.7
14	143	Marugg Christian (1980, Rothenbrunnen)	10:13.5	34:41.8	09:28.3	09:34.9	09:34.1	01:13:32.7
15	176	Walt Markus (1980, Oberriet)	10:40.1	35:34.3	09:10.2	09:16.3	09:06.2	01:13:47.1
16	116	Hermann Andreas (1983, Jona)	11:00.1	36:09.4	09:17.5	09:16.7	08:15.7	01:13:59.5
17	100	Knöpfel Michael (1981, Haldenstein)	10:41.8	37:18.7	08:40.5	09:02.4	08:36.2	01:14:19.5
18	184	Hüppi Ramon (1984, Marbach SG)	09:48.6	37:33.8	09:20.4	09:17.7	09:01.8	01:15:02.2
19	208	Fischli Daniel (1980, Balgach)	11:41.6	39:06.9	08:27.6	08:32.3	07:56.9	01:15:45.3
20	150	Rebsamen Ruedi (1985, Thal)	12:00.3	35:17.0	09:49.9	09:59.9	08:56.2	01:16:03.2
21	122	Queisser Torsten (1978, Widnau)	11:57.4	39:03.0	08:46.5	08:46.5	08:20.1	01:16:53.5
22	101	Köppel Benno (1986, Altstätten)	09:00.2	38:15.3	10:37.1	10:50.9	10:13.8	01:18:57.1
23	170	Bregnard Cedric (1978, Widnau)	09:57.8	37:48.5	10:29.5	10:53.9	10:14.8	01:19:24.6
24	157	Lukas Janik (1987, Rajec)	12:25.2	42:05.9	08:25.7	08:34.7	08:00.6	01:19:32.1
25	137	Simmen Stefan (1985, Sennwald)	10:28.9	41:59.5	09:00.9	09:20.1	08:53.7	01:19:43.1
26	107	Baumgartner Roland (1978, Au)	13:16.3	37:43.9	09:19.9	09:53.6	09:32.3	01:19:46.0
27	168	Gallimore Martin (1986, Buchs SG)	12:11.6	38:24.6	09:23.8	10:42.1	09:29.0	01:20:11.1
28	95	Addison Thomas (1982, Wittenbach)	09:47.6	40:57.8	10:54.5	10:39.5	10:24.7	01:22:44.2
29	131	Rodighiero Thomas (1985, Oberriet)	10:56.0	41:17.9	10:23.8	10:32.6	09:56.2	01:23:06.5
30	197	Baumgartner Dominik (1983, Montlingen)	11:09.8	46:04.4	08:43.1	09:08.1	08:34.5	01:23:39.9
31	105	Niederer Rolf (1979, Rorschacherberg)	11:31.3	40:40.2	10:50.9	10:58.6	09:51.5	01:23:52.5
32	187	Baunach Thorsten (1979, Oberegg)	12:57.5	43:42.9	10:25.2	10:35.5	10:03.4	01:27:44.5
33	117	Hermann Michael (1981, Goldach)	12:03.0	44:43.0	10:59.4	11:15.0	10:28.0	01:29:28.4
34	195	Mathis Thomas (1980, Schellenberg)	13:33.8	45:05.2	11:17.0	12:15.4	11:57.0	01:34:08.4

AK 45-54 weiblich			Schwim	Rad	Lauf1	Lauf2	Lauf3	
1	201	Thurnheer Barbara (1973, Balgach)	11:13.2	43:32.0	09:22.5	09:31.6	09:03.7	01:22:43.0

2	194	Salvador Silvia (1969, Zürich)	10:18.7	38:54.1	11:58.9	12:21.2	11:51.3	01:25:24.2
3	125	Martella Carmen (1970, Aegerten)	12:43.3	49:37.5	14:26.7	15:15.9	14:57.8	01:47:01.2
	179	Zellweger Susanne (1974, Benken)	13:19.2	25:35.6	19:59.2	22:59.0	11:15.0	DISQ

AK 45-54 männlich			Schwim	Rad	Lauf1	Lauf2	Lauf3	
1	87	Rechsteiner Dominik (1971, Wittenbach)	07:33.5	34:36.3	07:36.9	07:56.0	07:29.1	01:05:11.7
2	121	Kolar Robert (1974, Rorschacherberg)	09:56.0	33:47.8	07:49.5	08:01.3	07:41.6	01:07:16.3
3	148	Strim Oliver (1974, Neukirch)	07:55.1	36:16.5	08:40.5	08:50.1	08:12.5	01:09:54.6
4	165	Borer Ruwen (1972, Balzers)	08:30.3	35:31.2	08:52.2	08:51.2	08:12.4	01:09:57.2
5	112	Pinelli Enzo (1976, Speicher)	11:11.2	36:16.4	07:35.9	07:49.9	07:31.6	01:10:25.0
6	193	Heiz Roman (1971, Zürich)	10:24.3	36:52.8	09:54.5	10:10.0	09:26.8	01:16:48.4
7	200	Noe Laurent (1974, Staad SG)	08:46.7	38:14.3	10:33.2	10:54.6	10:28.9	01:18:57.8
8	91	Graf Thomas (1977, Grub AR)	11:01.9	36:11.3	10:39.9	11:12.1	10:46.2	01:19:51.4
9	85	Saks Tauno (1970, Diepoldsau)	10:17.8	38:23.9	10:30.0	10:43.9	10:05.9	01:20:01.4
10	97	Walser Mark (1975, Montlingen)	11:15.1	37:43.0	10:48.6	10:49.6	10:16.3	01:20:52.7
11	113	Altmann David (1973, Heerbrugg)	12:26.5	39:05.9	09:49.0	10:22.4	09:20.0	01:21:03.7
12	120	Jehle Roland (1974, Au)	10:52.3	37:12.0	11:41.4	12:07.6	11:25.4	01:23:18.8
13	196	Ceriani Francesco (1977, Au)	11:46.2	42:47.6	10:44.0	10:55.0	10:40.2	01:26:53.0
14	127	Lutzenberger Thomas (1977, Rebstein)	13:42.6	44:38.2	10:36.2	10:32.9	10:12.4	01:29:42.2
15	118	Messikommer Urs (1971, Adlikon)	09:26.1	45:22.4	12:35.7	12:44.8	11:15.0	01:31:24.0
16	155	Stenzel Thomas (1970, Lindenberg I. Allgäu)	11:49.2	43:24.9	11:49.3	12:29.3	12:14.4	01:31:46.9
17	182	Würsch Rene (1971, Oberriet)	14:44.2	45:48.3	11:03.7	10:56.7	10:21.5	01:32:54.3
18	144	Maeder Bernhard (1971, Laupem)	17:30.9	49:46.1	11:02.6	11:50.3	11:50.6	01:42:00.5
19	202	Egli Jakob (1976, Heerbrugg)	13:56.4	56:40.7	15:08.1	16:27.1	15:59.8	01:58:12.2

AK 55p weiblich			Schwim	Rad	Lauf1	Lauf2	Lauf3	
1	212	Helfenberger Claudia (1966, Arnegg)	10:43.0	39:39.4	09:02.2	09:09.8	08:38.2	01:17:12.6
2	124	Vincenz Anita (1965, Werdenberg)	08:56.5	38:27.9	10:01.6	10:17.0	10:01.4	01:17:44.4
3	109	Engler Irene (1962, Balgach)	10:08.5	40:42.3	11:01.7	11:18.7	10:59.2	01:24:10.4
4	164	Meier-Grau Ursi (1967, Uzwil)	12:14.7	45:50.5	13:46.2	11:44.1	09:38.2	01:33:13.6
5	209	Wehrli Sibylla (1961, Rorschach)	13:21.5	52:45.2	11:22.2	12:07.4	12:37.4	01:42:13.6

AK 55p männlich			Schwim	Rad	Lauf1	Lauf2	Lauf3	
1	134	Zürcher Jörg (1965, Amriswil)	08:43.8	35:08.6	08:58.8	09:06.7	08:41.9	01:10:39.9
2	151	Caprez Alfi (1956, Bubikon)	08:50.5	35:04.6	09:22.7	09:39.2	09:11.0	01:12:07.9
3	169	Iseli Manfred (1962, Münsterlingen)	10:36.2	37:04.4	09:02.3	09:18.8	09:00.2	01:15:02.0
4	81	Lüthi Heinz (1964, Hermatswil)	09:54.6	37:19.1	09:25.0	09:33.8	09:36.9	01:15:49.4
5	83	Hartmann Bruno (1967, Fideris)	11:33.9	38:46.3	09:23.3	09:53.3	09:10.9	01:18:47.5
6	207	Rajsp Hans (1956, Feldkirch)	11:07.3	36:17.9	10:45.8	11:24.3	11:12.0	01:20:47.2
7	145	Jones Michael (1960, London)	10:54.1	44:07.7	09:17.3	09:26.1	08:55.0	01:22:40.1
8	103	Salzgeber Franz (1963, Mauren)	13:00.9	39:25.4	10:00.3	10:33.2	10:29.2	01:23:28.9
9	147	Schläppi Jörg (1950, Bubikon)	11:51.7	39:01.6	11:01.7	11:25.2	11:03.6	01:24:23.7
10	204	Graf Kurt (1964, Amriswil)	11:16.5	38:05.3	11:35.2	11:57.6	12:17.9	01:25:12.5
11	88	Marchal Jerome (1960, Grenoble)	13:28.6	43:53.4	10:08.9	10:32.0	10:06.2	01:28:09.1
12	104	Lipp Reto (1964, Rorschacherberg)	12:07.1	39:24.0	12:14.6	12:41.5	11:54.9	01:28:22.0
13	210	Riedi Marcel (1966, Zollikon)	11:34.8	44:25.2	11:12.1	11:08.2	10:58.1	01:29:18.5
14	115	Recktenwald Thomas (1962, Au)	11:30.5	44:04.4	12:29.7	12:42.5	12:26.2	01:33:13.3
15	140	Müller Dieter (1964, Ostfildern)	13:20.4	42:57.1	13:47.1	14:19.0	13:09.2	01:37:32.8
16	114	Sieber Martin (1961, Marbach SG)	14:01.2	48:36.9	12:06.9	12:21.0	13:37.4	01:40:43.3
17	160	Bartl Michael (1955, Ravensburg)	13:39.4	46:17.3	14:41.7	14:52.8	14:10.2	01:43:41.3

Plauschstafette			Schwim	Rad	Lauf	
280	3 Generations		03:53.2	13:21.9	09:26.2	26:41.2
			Spirig Andrea (1981, Diepoldsau)			
			Scheuber Guido (1950, Berneck)			
			Spirig Nando (2012, Diepoldsau)			
289	Gmoand Rüthi		04:10.2	16:19.5	10:29.2	30:58.9
			Breu Claudia (1999, Eichberg)			
			Keel Marco (1992, Rebstein)			
			Geisser Tobias (2004, Rüthi)			

282	Mobi Chiller und Worker	03:57.8	13:12.0	11:27.4	28:37.2
		Schreiber Cyrill (1983, Walzenhausen) Huber Melanie (1991, Widnau) Eugster Manuel (1985, Appenzell)			
281	Mobi Mallorca	03:40.3	10:03.5	08:03.4	21:47.1
		Steiger Pascal (1999, Altstätten) Burkart Fabian (1984, Heerbrugg) Wagler Janik (1992, Heerbrugg)			
283	Mobi Seitenstecher	03:55.3	11:45.9	08:40.5	24:21.7
		Läng Sandro (2005, Heerbrugg) Spiess Robin (1998, Kriessern) Inauen Jasmin (1997, Heerbrugg)			

Stafette klein		Schwim	Rad	Lauf	
1	284 The champs	02:56.3	12:39.3	07:30.5	23:06.1
		Wohlgensinger Ladina (2008, Berneck) Niederacher Julia (2007, Rheineck) Schwerzmann Annik (2007, Balgach)			
2	286 Die drei Muskeltiere	02:40.5	14:05.0	07:29.7	24:15.1
		Schelling Janine (2007, Widnau) Waldburger Riana (2007, Au) Sieber Noah (2006, Widnau)			
3	288 E hoch 3	03:08.0	12:09.5	10:02.3	25:19.8
		Grabher Emma (2008, Au) Weder Emmy (2008, Au) Weder Elin (2010, Au)			
4	287 Winner winner chicken dinner	02:31.7	14:33.6	08:18.6	25:23.9
		Schelling Joel (2009, Widnau) Sinkovec Jan (2008, Widnau) Sinkovec Simon (2008, Widnau)			
5	285 Camper United	03:59.0	13:03.1	10:04.4	27:06.5
		Weibel Mia (2008, Arnegg) Vögel Silvan (2006, St. Gallen) Weibel Marco (2011, Arnegg)			

Stafette gross		Schwim	Rad	Lauf1	Lauf2	Lauf3	
1	306 Cycling Team Ost	07:47.8	32:49.4	07:24.8	07:44.2	07:26.6	01:03:12.7
		Bragagna Alessio (2005, Mauren) Graf Thomas (1976, Lüchingen) Rohner Markus (1983, Altstätten)					
2	301 catch us	06:51.2	32:28.6	08:10.5	09:01.5	08:43.3	01:05:15.1
		Köppel Thomas (1969, Gontenbad) Köppel Jan (2000, Teufen) Schmid Vera (2002, Teufen)					
3	309 BalKriMon	08:19.7	34:07.6	07:58.7	08:37.2	08:13.6	01:07:16.8
		Benz Joshua (2003, Balgach) Eigenmann Felix (1962, Kriessern) Frei Youri (1999, Montlingen)					
4	302 The Schawis - Team Radsport Frei	08:13.5	34:24.9	08:39.3	08:45.6	08:17.7	01:08:21.0

		Dudli-Schwalder Chantal (1989, Widnau)					
		Schwalder Alexander (1962, Widnau)					
		Schwalder Sven (1992, St. Gallen)					
5	303 D-Team	09:29.4	38:15.4	08:55.4	09:42.7	09:02.5	01:15:25.2
		Dürst Martin (1961, Diepoldsau)					
		Dürst Timo (1995, Widnau)					
		Dürst Jannick (1993, Widnau)					
6	300 Pisteflitzer 1	08:03.6	37:39.4	09:49.1	10:32.4	10:15.6	01:16:20.1
		Kuster Eleni (2007, Diepoldsau)					
		Jegle Joel (2000, Rebstein)					
		Kugler Joel (2000, Renstron)					
7	305 Rhy Swimming Coaches	07:52.3	37:57.8	09:47.9	10:46.7	09:57.9	01:16:22.6
		Wohlgensinger Johanna (1981, Berneck)					
		Sieber Dario (1994, Widnau)					
		Engler Patrick (1996, Baglach)					
8	308 Team Zünd MobilCenter	07:55.0	43:42.6	10:56.3	11:42.5	11:08.7	01:25:25.1
		Halter Leonie (2006, Altstätten)					
		Kobler Laura (2005, Marbach)					
		Halter Andri (2008, Altstätten)					
9	307 Hoppla	12:54.5	41:39.1	10:15.6	10:46.7	10:26.4	01:26:02.3
		Schönenberger Edith (1951, Balgach)					
		Göldi Markus (1955, Lüchingen)					
		Schönenberger Berni (1950, Balgach)					
10	304 Gummibärchenbande	10:05.0	47:12.7	09:38.8	10:12.6	09:26.7	01:26:35.8
		Kleindienst Kathrin (1977, Lindenberg I. Allgäu)					
		Kleindienst Lara (2004, Lindenberg)					
		Häussler Jakob (2004, Weiler-Simmerberg)					
Firmenstaffette		Schwim	Rad	Lauf1	Lauf2	Lauf3	
1	326 SFS services Raketa	08:05.4	34:20.6	07:56.1	08:19.6	08:02.3	01:06:44.1
		Stadler Claude (1980, Heerbrugg)					
		Spoerry Hans-Heiri (1980, Rebstein)					
		Graf Michael (1980, Rebstein)					
2	346 3 Bengel für SwissOptic	07:38.0	35:03.9	09:58.2	10:10.8	09:32.5	01:12:23.3
		Kluser Roger (1974, St. Gallen)					
		Hötzel Jochen (1969, Kreuzlingen)					
		Kehl Marcel (1984, Balgach)					
3	321 VATs up	11:18.8	35:34.1	08:53.5	08:58.1	08:42.1	01:13:26.6
		Dremelj Miran (1975, Sennwald)					
		Richard Vanco (1994, Buchs)					
		Sutter André (1983, Küsnacht)					
4	340 Team Alpha One	10:54.4	37:03.9	08:26.9	09:35.8	09:20.5	01:15:21.5
		Loher Toni (1964, Altstätten)					
		Bartholet Roland (1969, Hinterforst)					
		Stoop Sandro (1999, Heerbrugg)					
5	344 Safran Vectronix 1	10:09.5	39:34.7	08:41.1	08:42.2	08:39.4	01:15:46.9
		Eschenmoser Dominik (1988, Heerbrugg)					
		Lapiere Sander (1991, Heerbrugg)					
		Halter Marcel (1986, Marbach)					

6	322 MotiVATed	10:13.5	40:25.4	08:49.5	09:06.6	08:44.0	01:17:19.0
	Ivantsiv Volodymyr (1974, Dornbirn) Ticozzi Giovanni (1995, Buchs) Frei Daniel (1992, Balgach)						
7	349 Team Kühnis Optik	11:37.1	40:30.8	08:23.4	08:53.9	08:38.5	01:18:03.7
	Isenring Lara (2003, Au) Fässler Lukas (1973, Rebstein) Züger Roland (1985, Widnau)						
8	324 VATante rasante	11:39.7	40:34.3	09:18.4	10:16.1	09:56.5	01:21:44.8
	Gili Margherita (1998, Buchs SG) Bobnar Guido (1967, Eichberg) Gächter Dominik (1987, Gams)						
9	329 VAsT and Furios	12:39.5	46:01.7	09:08.9	09:26.5	08:50.7	01:26:07.2
	Crnolic Emir (1997, Gossau) Hurtado Julian (1994, St. Gallen) Mayrhofer Dominic (1993, St. Gallen)						
10	347 Schönauer 1 VA	13:37.4	40:17.5	10:57.5	11:01.2	10:25.6	01:26:19.2
	Weder Sebastian (1998, Diepoldsau) Göldi Urs (1985, Balgach) Fürst Jonas (1999, Rebstein)						
11	342 sf-ag	12:15.4	44:47.1	09:27.2	10:18.4	10:03.3	01:26:51.4
	Candraja Kevin (1991, Plons) Bünter Stephan (1995, Balgach) Muskat Johannes (1989, Niederurnen)						
12	320 Schönauer AG Lehrlinge	13:19.9	40:41.7	09:51.8	11:35.5	11:44.4	01:27:13.2
	Schmid Ramon (2004, Marbach) Graber David (2006, Lüchingen) Büchler Samuel (2005, Marbach)						
13	327 SwissOptiker on Tour Gruppe 1	13:52.0	48:23.6	08:24.9	08:36.1	08:19.9	01:27:36.5
	Köppel Karina (1996, Rebstein) Rodrigues Da Silva Gilberto (1980, St. Gallen) Rothau Sergej (1985, Lindau)						
14	341 Team Spiess	14:54.2	43:44.2	10:15.6	11:06.2	10:54.9	01:30:55.1
	Lenherr Thomas (1983, Diepoldsau) Kehl Reto (1993, Altstätten) Storni Robert (1969, Andwil)						
15	343 Alpha slow but glow	11:15.7	41:01.3	11:09.8	14:37.5	13:57.3	01:32:01.6
	Ender Saskia (1994, Widnau) Baumgartner Martino (1994, Widnau) Gerig Donatus (1983, St. Margrethen)						
16	328 SwissOptiker on Tour Gruppe 2	10:02.6	52:27.9	10:04.1	10:28.7	09:42.0	01:32:45.3
	Guerra Flavio (1986, Rebstein) Pargätzi Helena (1985, Vilters) Lanter Andreas (1979, Abtwil)						
17	348 Schönauer 2 Holzbau	13:22.5	40:43.0	11:39.0	13:57.3	13:33.8	01:33:15.6
	Leuener Beat (2001, Marbach) Breitenmoser Ignaz (1959, Marbach)						

Roncoroni Romana (2002, Oberegg)

18 350 Alpha Youngster 16:22.2 49:58.8 09:33.7 09:10.3 08:59.2 **01:34:04.2**

Ochirbat Buddorj (1999, Heerbrugg)

Dierauer Fabian (2003, Berneck)

Pallecchi Nando (2000, St. Margrethen)

19 345 AVMR 12:56.4 49:36.4 10:16.9 10:56.1 10:28.1 **01:34:14.0**

Theissl Thomas (1979, Heerbrugg)

Müller Lea (1997, Heerbrugg)

Gähwiler Saimen (1990, Heerbrugg)

20 325 BomVATisch 11:07.2 56:56.9 09:11.7 09:30.2 08:52.4 **01:35:38.4**

Keller Hanna (1987, Widnau)

Chan Shing Cheong (1996, Rorschach)

Rohner Rico (1977, Balgach)

21 323 VATos Locos 12:44.1 48:26.5 12:35.4 13:53.9 13:23.7 **01:41:03.6**

Amann Astrid (1970, Rorschacherberg)

Blecha Thomas (1960, Feldkirch)

Ortiz Hernandez Nazaret (1991, Sargans)